



## Chinook Goes Over the Top With the Victory Loan

### CHINOOK PHARMACY



**Soda Fountain**

**Ice Cream  
and  
Ice Cold Soft  
Drinks**

A trial solicited



**Vortex  
INDIVIDUAL  
SANITARY  
Service**  
**PURE WHITE PAPER CUPS  
NEVER USED BEFORE  
NEVER USED AGAIN  
SAFEGUARDS HEALTH**

### All Wool Underwear

Now is the time to buy your  
Heavy Underwear

We have it! Stacks of it!

And we are selling it to  
you 50 per cent. less

than you can get it anywhere else, even from the big  
Catalog houses, and don't forget it. Every piece is ALL  
WOOL, bought long before the big advance in wool

Get your supply while the getting is good

**H. C. Briggins**

The Store with the Goods

#### Help Wanted

A capable and reliable man to take  
charge of a farm—half section land  
—and stock. Duties to begin at once,  
and extending over one year's time  
preferred. Applicants apply within  
two weeks from date to home of Mr.  
Lorne Proudfoot, Chinook; or in  
person or mail later to Mrs. J. R.  
Mitchell, Cappon, Alta. References  
required.

#### DR. R. R. PAUL

Post Graduate of New York  
Hospitals.  
Recently returning from base hospi-  
tals in the present war in the  
Mediterranean war zone.  
Office: Next to Hotel, North.  
Residence: Acadia Hotel, Room 3  
CHINOOK

### Breezelets

The local pool room being  
closed by order of the board of  
health during the present flu epi-  
demic, the barber has closed up  
shop and skiddoed.

Isn't it a grand and glorious  
feeling when you have shaved  
yourself after a week's growth of  
bristles?

"Hjendenburg is on the job  
again," says a news heading.

Apparently Hindy's "On agin,  
off agin, on agin," Flannagan.

"The Krupps, owners of Ger-  
many's great gun works, have  
been arrested," says a dispatch.

If all the corrupts in Germany  
were arrested, that country would  
still have quite an army.

The first words the German  
plenipotentiaries said to Foch  
were: "Germany's army is at  
your mercy. Our reserves of men  
and munitions are completely  
exhausted, making it impossible  
for us to continue the war."

And Foch by the terms of his  
armistice made sure that the  
Germans' statement was no lie.

German treachery feared in  
Great Britain, despite the armis-  
tice.

The treachery and double-  
dealing of the Huns during the  
past few years now makes her  
every act suspicious.

John Bull has learned from  
very bitter experience the true  
word of the Huns' word and his  
treacherous nature.

It is said that the famous iron  
crosses are selling in Germany  
for a cent each.

And even at that price they  
are dear relics.

Plans are under way for de-  
mobilization of the Canadian  
navy.

And the final disposal of our  
famous warship Niobe may be  
used to guard the entrance to  
Sounding Creek to keep the  
great waterway open to Sod Hill  
and other historic centres along  
its famous banks.

In fact, a second Dardenells  
and Suez Canal.

"Huns to starve unless British  
prisoners are better treated,"  
says the British government.

Feed the Huns a few more  
shells would be the best diet.

### Red Cross Work at Home

A great opportunity has arisen  
for the spirit of the Red Cross  
worker nearer home to the good  
of this district. The war is over  
and consequently Red Cross  
work is not needed so much for  
our boys overseas. But the flu  
epidemic has brought in its  
train many calls for help in other  
articles that are badly needed as  
it was with our boys at the front.  
The management of the hospital  
at the Chinook school are urgent-  
ly asking for donations of milk,  
butter, eggs and poultry. We  
are sure the appeal will not be  
made in vain. Those who have  
had the flu know how neces-  
sary those things are for the  
sick and fever-tossed patients,  
and those who have escaped the  
flu and its attendant consequen-  
ces and expense, should be only  
too willing to help those who are  
its victims. You have nobly  
helped our boys at the front in  
the time of their need, and now  
comes the opportunity to help  
our friends and neighbors at  
home. Those who have hitherto  
escaped the ravages of the flu do  
not know when their turn may  
come.—It is recorded in the  
Good Book, that "A cup of water  
given in My Name, ye did it  
unto Me." Enquire of the man-  
agement of the hospital at the  
Chinook school what is needed,  
if in doubt.

Donations of cash to help along  
the expenses will also be very  
much appreciated.

All donations will be gladly  
acknowledged in these columns  
week by week, until the epidemic  
is over.

### Chinook Loses Two Citizens

Mr. and Mrs. A. H. Peck left  
Chinook on Tuesday morning  
for Viscount, Sask., their former  
home, where they intend to re-  
side again. Mr. Peck was con-  
nected with the Banner Hard-  
ware Co., which was one of our  
first business houses. Messrs.  
Stacey and Carpenter being the  
first active members of the firm,  
Mr. Peck coming to Chinook a  
year or so later. The business  
grew to very large proportions,  
and was considered one of the  
best along this line. The firm  
sold out its interest in the busi-  
ness to the present proprietors,  
Messrs. Dunn & Lee, in May of  
the present year. Mrs. Peck  
has taken an active part in the  
social affairs of the village, and  
was sec-treas of the Women's  
Institute. On Saturday a num-  
ber of lady friends met at her  
home and gave her a surprise  
farewell evening, presenting her  
with a very handsome piece of  
cut glass, as a slight token of the  
esteem in which she is held by  
her many friends. We are sorry  
to lose them from Chinook, but  
wish them every happiness and  
prosperity in their old home  
town.

### A Small Building that Puts Money in Your Pocket every year

### Every New Machine

you bought this year costs nearly or quite  
double what the same machine cost you  
three years ago.  
Repairs for old machines are equally as  
high.  
These new high costs cut into your profits  
no matter what you get for your products.  
And a good deal of that high cost can be  
avoided. Your machines can be made to last  
and do good work for 3 to 5 years longer

### A Simple Shed for Storage

A few pounds or grease, also a quart or two of paint will  
save the cost of the shed in one year or two at the outside.

The shed will last for years, and put a nice bunch of  
money into your bank account each year

Build it now and begin this cost cutting and profit-mak-  
ing at once.

Plans free—low figures on material and quick service.

### FLETCHER LUMBER CO., Limited

The Independent Lumbermen

J. B. MACLEAN, Manager, Chinook

We are not satisfied unless you are.

### A Near Fatal Tragedy

What might have been a fatal  
tragedy and a disastrous fire  
occurred to Ernie Key and to  
his home, about supper time, on  
Sunday last. The fire in the  
range being very low, apparently  
out, when Ernie picked up what  
he thought was the coal oil can  
and poured some of the contents  
on the black rools. Instantly  
a long stream of flame shot out,  
followed by a double explosion,  
and at the same time Ernie was  
enveloped in flames. Instead of  
coal oil can it was gasoline he  
had used. Fortunately the two  
explosions were heard by Mr.  
Stata, who lives a block away,  
and the fire noticed in Key's  
kitchen, who rushed to the rescue  
and doubtless to his prompt action  
a terrible tragedy and a  
disastrous fire was averted. On  
his arrival the fire was beginning  
to make some headway. A line  
of clothes at the back of the  
stove was blazing away and  
licking up towards the ceiling,  
the plaster from which al-  
ready had cracked and fallen  
away, caused by the blazing  
gasoline. Fortunately a pail of  
water was handy and the fire  
quickly put out. By this time  
several neighbors were on hand  
to help. Ernie himself was very  
badly burned about his body,  
shoulders, and hands—his hands  
being the worst. Prompt action  
by the neighbors and the fact  
the kitchen had been plastered  
without a doubt saved a terrible  
calamity.

### Baby Ardice Chapman a Victim of the Flu

We regret to record the death  
of Ardice, the young daughter of  
Mr. and Mrs. M. L. Chapman,  
which sad event occurred Wed-  
nesday, after a ten-day struggle  
with the flu. From the very first  
the malady seemed to have had a  
firm grip upon the little sufferer,  
but at one time it was hoped she  
would be able to pull through,  
but the hope was short-lived, and  
in spite of the best nursing and  
medical skill, it became all too  
apparent that the little life that  
had blossomed here less than two  
short years would soon blossom  
out fuller and brighter in the  
better land, and at about ten  
o'clock on the above night,  
her spirit winged its flight to the  
"Mansions of Light." Interment  
took place in the Chinook ceme-  
tery. The greatest sympathy  
goes out to the bereaved parents  
in their sorrow and loneliness.

### A Very Sad Death

The death occurred this week,  
at Calgary, of Miss Winifred  
Margaret Huggard, aged 19 years  
daughter of the late James S.  
and Jessie May Huggard. The  
deceased was a pupil at the high  
school, had been assisting at the  
Stanley Jones school to care for  
the children, and in some manner  
contracted influenza, which re-  
sulted fatally.

The late Miss Huggard was  
well known in Chinook and dis-  
trict, being a sister of Mr. G. A.  
Huggard, living a few miles south  
of here, and also a niece of Mr.  
Andrew Aitken, and her untimely  
death, under such distressing  
circumstances, will be regretted  
by a wide circle of friends.

C. W. Rideout has purchased  
the Peck residence, next door  
west of his present property, and  
is moving in this week. Mr.  
Black has rented his present  
residence.







## No Girl Need Have A Blotched Face

Whether it be in capturing the heart of man, or making her way through the world by the toll of her hands, a charming and pretty face gives any girl a big advantage. Poor complexion and rough, yellow skin are caused by blood disorders. The cure is simple. Just use Dr. Hamilton's Pills—a reliable family remedy that has for years been the foremost food remedy in America. That soft glow will return to the cheeks, the eyes will brighten, appetite will improve, strength and endurance will come because sound health has been established. Get a 50c box of Dr. Hamilton's Pills today. Sold every where.

## Carmen's Messenger

—BY—  
**HAROLD BINDESS**  
WARD, LOCK & CO. LIMITED  
London, Melbourne, and Toronto

(Continued.)

"Well, no gang in yet," said Pete. They skirted the mound, which was larger than Foster thought and broke by out crooping rock, and when a thick screen of birches rose between them and the building, crept into a nook among the stones. Foster imagined that the others might search for half the night without finding them unless they were lucky. Then Pete remarked in a teasing tone: "There's just the two, and I have a good stick."

Foster smiled. He was tired, wet, and savage, and had better and to confront Graham and settle their differences by force; but the matter could not be treated in this primitive way. He could not shoot the men, and would be no better off if he overpowered and threw them. They would know where he was and would follow him as close as was safe, while he wanted to shake them off and make them uncertain whether they were on his track or not. Besides, they might avoid a conflict.

"The thing's too complicated to be straightened out by knocking somebody down," he said. "But I'm not here alone."

In the meantime, the others were getting nearer, for Foster heard them splash through the bushes, and then stumble among the bushes. They were walking fast, which indicated that they thought themselves in some distance behind the fugitives; but stopped when they saw the birches, and then came on again cautiously. Foster could not see them, but the blurred figures appeared among the trees. So long as he kept still there was little chance of his being found.

The moonlight filtered through the low mist, which was on the top of the mound, but the shielding stood on a lower level, and when they went towards it the moon's light was very distinct. They vanished, but he knew they had been in a pale stream of light like tracks among the trees.

"A policeman's trick," Pete said in a low voice. "A peacher would not let us see the light."

Foster felt that he must find out who the men were. It was risky, but it was his only chance. He crawled out from behind the stones. The rock was rough and wet; his hand plunged into something soft. He scraped his hand, but he made a few yards and then stopped and lay flat as the light went out. It looked as if the others were near him, but he lowered his head until his face was buried in withered fern. There was silence for a moment, and then his nerves tingled as he heard steps; the men, he thought, were coming out to look for him. He did not move, however, and the footsteps got farther off. By and by there was a sharp rustle and he cautiously looked up. Two heavy figures showed among the trees, but it was plain that they were going away.

It was impossible to follow them without being heard, and he waited until Pete joined him. So far as he could judge by the noise made, the men were hurrying across the bog.

"They're awa, but I wouldn't say they'll no come back," Pete remarked. "If they didn't strike the right place, they'll no find it easy to cross the burn. She rins in a deep cut at the bottom's salt."

"What's likely to happen if they get off the track?"

"Well," said Pete with a chuckle, "it's vera possible they'll stop in the flow till morning, maybe up to the knees in mire. I dinna think there's much reason they should get in deeper, but they might."

"But suppose they find the way and cross the burn?"

"Then, if they ken the country, I would expect them to hand a bit south for Shoppard, where they would find an inn, or maybe west by the Clattering ford to Canobie. I dinna ken, it's ill to say, but I think to sleep behind a dyke. No, however,

**MURINE Granulated Eyelids,**  
It is the best eye remedy in the world. It cures all eye troubles, such as Redness, Itching, Swelling, and all eye troubles. It is the best eye remedy in the world. It cures all eye troubles, such as Redness, Itching, Swelling, and all eye troubles.

**YOUR EYES**—No Staring, Just Eye Comfort  
Murine Eye Remedy and Eye Drops. Murine Eye Remedy and Eye Drops. Murine Eye Remedy and Eye Drops.

W. N. O. 1231

we'll turn back and gang up the dale."

They recrossed the bog and skirted the moor for some time, after which they went down a long slope and reached a level space of grass and heath. They followed it north until a light alone ahead and the barking of dogs indicated that they were approaching a farm. Pete went in first, and Foster did not know what explanation he gave, but the farmer told him to sit down when he entered the big, flagged kitchen. He was not surprised when a woman who came in looked at him curiously, because he was wet and splashed, and later when Foster stuck to his clothes, but his hosts asked no questions and presently gave him supper.

Soon afterwards he was shown a comfortable room and went to bed, leaving Pete with the others in the kitchen. Foster was glad to feel he could be trusted not to tell them too much, although he would, no doubt, be trusted by their curiosity to some extent. A hint went a long way with the reserved Borderers.

### XIX

#### Alice's Confidence

Foster got up late and after breakfast sat by the kitchen fire, studying his map. He imagined that his pursuers, believing him to be in front, would have crossed the low ground towards the cultivated valley of the Esk, where the would not have trouble in finding shelter for the night. Then, if the Garth, although this might prove dangerous if Graham and his companion watched the neighborhood.

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## What Women Want to Know

Some Queries and Answers Regarding Conservation of Food

**Puzzled.** You are quite right. Sugar is scarce, but it is not so much scarce to debar you from putting up all the fruit you can. The produce of the war gardens and the fruit farms must not be allowed to go to waste. Why not use less sugar than your wont in your preserves? And have you tried brown sugar, or white corn syrup? The latter is a most excellent substitute for sugar. It is sold at the stores in tins and various brands are obtainable. It should be used in the proportion of two parts of sugar to one of corn syrup.

**Enquirer.** Here is the recipe for marmalade using glucose, as made at the Technical School, Toronto:  
1 grapefruit, 1 orange, 1 lemon, 8 cups water, 10 cups glucose or white corn syrup.

Cut the fruit into thin slices and allow to stand in water for 30 hours or overnight. Separate the seeds and soak them in part of the water. Cook the fruit until tender and add the glucose. Continue cooking until a jelly is obtained. When using sugar 12 cups of water should be used, for this amount of fruit, but 8 or even 6 cups will suffice, as the glucose contains a great deal of water.

**Doris.** The Ontario government employment bureau has arranged for a special class in dairying to be held at the Ontario Agricultural College, Guelph, from October 1 to December 15. All would-be dairymaids should write to Miss J. L. Farley, 112 King Street, West, Toronto. There is no doubt that there will be a great demand on the farms next year for girls who can milk cows. The Ontario government employment bureau has arranged for a special class in dairying to be held at the Ontario Agricultural College, Guelph, from October 1 to December 15. All would-be dairymaids should write to Miss J. L. Farley, 112 King Street, West, Toronto. There is no doubt that there will be a great demand on the farms next year for girls who can milk cows.

**Mrs. Wiggs.** If you had been in the Toronto Exhibition and watched Chief Leroy Denon, of the Hotel Commodore, New York, converse with the buyers of all that was delectable and appetizing dishes you would have less prejudice against the cheaper cuts of meat. Mrs. Wiggs. Do you know why meat is high in price today—that is to say, the choice cuts? Well, simply because Canadian housekeepers will not buy the so-called "offal." Cows and pigs are bought live weight. That means that the buyer pays for the stomach, as well as for the tenderloin. If he does not find a ready market for certain parts of the carcass, however, it stands to reason that the tenderloin is going to cost more. Here is an interesting comparison of prices:

**Round steak,** 35c per lb. **Thin sliced steak,** 40c, **porterhouse steak,** 45c, **rib steak,** 42c, **leg of lamb,** 38c, **lamb chops,** 20c, **port tenderloin,** 45c, **fresh legs of pork (ham),** 45c, **shoulder roasts,** 40c, **shankers chops,** 20c, **beef kidneys,** 25c, **pork liver,** 7c, **beef liver,** 20c, **call's liver,** 15c, **hog's brains,** 15c, **beef brains,** 15c, **hog's brains,** 15c, **22c spice pig tripe,** 10c or 15c.

On the one hand are the choice cuts of meat, and on the other are the cheap cuts. The price of meat is high because of the cost of the carcass, and the cost of the carcass is high because of the cost of the feed.

**Loyalist.** The food service most urgent at the present moment is sugar. At saving and the food board appeals to every loyal Canadian to do everything possible to reduce his or her personal consumption of sugar, and to encourage similar conservation by others. This is absolutely necessary in order that our available supply of sugar be stretched until the new crop becomes available and that it be conserved for the most important uses.

### Moon Vines

Will Climb as High as 40 Feet Assisted by String Ladders

Why is it that one so seldom sees the elusive Japanese moon vine? On account of their rapid growth and luxuriant foliage, these plants make an effective curtain for a veranda, when planted in a row. Though but annuals, during the summer they will climb as high as 40 feet, if assisted by string ladders.

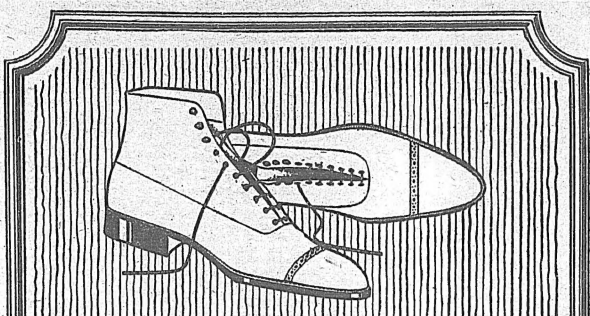
The big heart-shaped leaves form a soft background for the lovely, pure white blossoms, that open their perfumed disks only after the dew has fallen and twilight has wrapped everything around in a purple mist. Then, like tiny moons from behind the clouds, they silently appear. But if one is standing very near, he can hear faintly the silken snap made by the opening of the sticky little anthers. Then the cool night breeze stirs up the delicate fragrance, carrying it out over the lawn for a considerable distance. Like their many cousins, the morning glories, the tender blossoms will not bear the full glare of the sun, for they fade and wilt. The vine blooms prolifically, however, and there are always fresh flowers to take their places the next night.

### Army Likes Sweetness

An army order for 875,000 25-ounce cans of blenny brand plum jam to a canner shows the huge demand being made upon Oregon for canned fruit products. Between two and three million soldiers are in the immense contract will require 34 million pounds of sugar. This is the largest order of its kind that has ever been made by the U. S. government for sweets for soldiers.

### Experienced Critic

Artist—Sir, I will make you a speaking likeness of your wife.  
Patron—It wouldn't be a likeness if you didn't—*Tit-Bits.*



Correct style worn by well-dressed young men in all localities. Last best—medium narrow recede calf, last best—made in black, tan or patent calf. Price, \$7.00 to \$12.00.

## Style—Plus Service at a Fair Price

THE style illustrated above is one that is largely preferred by Canadian business men—especially young men. It has the medium long vamp and narrow, somewhat pointed toe which gives the foot a slim and "dressed" appearance, without being extreme in style. Those who like this type of shoe will find it thoroughly satisfactory in fitting qualities and a comfortable easy shoe to walk in.

This style can be obtained in several grades of black and tan. The price range—\$7 to \$10—considering the present leather market, is extremely moderate.

Next spring a shoe of the same wearing qualities will cost from ten to twenty per cent more. It would cost more now except for the fact that the resources of this company enable us to cover our needs well in advance.

A.H.M. War-Time Selections offer special Service Value for Men, Women and Children. Ask your dealer for them.

## AMES HOLDEN MCCREADY

"Shoemakers to the Nation"

LT. JOHN MONTREAL TORONTO WINNIPEG EDMONTON VANCOUVER

When you buy Shoes look for—



—this Trade-mark on every sole

## Headlong Husbandry In England

Change From Slow Process of Old Times

Never has the countryside seen such haste as this year. In the old days of peace farming was a deliberately leisurely thing: Hodge was a byword for all that was slow and deliberate. He could, it is true, "put a turf forward" if the weather threatened the hay or corn, but these were occasional bursts. Today, what a change.

The hand fairly huns. A few weeks ago we had our invasion of the tractor ploughs, which whirled and clanked in many a meadow sacred to pasture from time out of mind. Bir-r-r-r, bir-r-r-r from morn to noon from noon to dewy eve, with only a brief interval when the motor required servicing. And the old green lands—*rev. brown.*

About the same time the hay-baling sisterhood and brotherhood added to the general whirr and pulsation of agriculture by machinery, and they even more than the ploughing contingent, gave the impression of a gang working against time. As, indeed, they were.

Still the speed increased. There came the morning when the hay was again cut. Not so long ago that the morning used to be heralded by the long, delightful swish of rythes, planked off of country lanes, and the reaper did appear in those days, per-

haps one machine, but labor being plentiful, the scythe still held good. This year, however, it was another story.

Never had the whirr and clatter sounded so loud and merry. Two machines? Oh, bless you, nothing so paltry. The times demand. Effort with a big E. And Effort there was. It was not easy to count at first from the wind because of the intervening clanks, but careful observation at last made out five machines. On the same at regular intervals and at such a pace, clattering, clattering, eating up the great field at a rate of no allowance. It used to take several days to cut. This year, at sunset on the first day, all the fragrant crop lay level, ready to be gathered. Followed up the gathering machine, jig-jagging with a new time, and while still the onlookers wondered the field was bare. The second crop is now almost ready to cut.

But the most striking incident was to come. It afforded full proof that the country is now alive to the fact that the national house is on fire. Along the lane sounded the roar of a car at top speed. Some naughty jockey? Oh, no. On the one luxurious cushions of that fine private motor reposed a reaping machine, being driven at top speed to its next job. The methods of the fire brigade! Capital! They are the right, the only methods for the hour of headlong husbandry.

Maxims are the condensed good sense of nations.

## Reading a Monkey's Hand

Palmsit Would Find It Interesting Study

It might be very interesting if some expert palmsit were to study the lines in the hands and feet of a monkey and possibly those of its tail also. For the palms of human beings are such pictures of their characters and each forecasts of their futures as the palmsit pretend, those of monkeys, which are lined like ours, should have their story. And this would be a very interesting study, for these monkeys have four hands—one might almost say five in the case of those with prehensile tails—while we have only two.

The hand has no thumb, though the foot has one finely developed; that the nails are strikingly like those of human beings, and that the inner—*one might say "palmar"*—surface of the tail is lined.

The spider monkey's tail fulfills the function of a fifth hand, except that it is not used for tactile examination of objects.

### Lincoln's Steadfastness

I do the very best I know how—the very best I can; and I mean to keep doing so until the end. If the end brings me out right, what is said against me won't amount to anything. If the end brings me out wrong, ten angels swearing I was right would make no difference.—Abraham Lincoln.

"Your lunch will be fresh and tasty at dinner hour to-morrow. It is wrapped in Para-Sani."

## PARA-SANI WRAPPER

Heavy, waxed paper in House-hold Rolls, with handsome oak Roller-Box. Para-Sani is cheaper and more convenient than waxed paper in loose sheets and the paper is of better quality.



### Keeps in the Moisture, keeps out the Germs

Para-Sani is moisture-proof, air-proof, germ-proof. Sandwiches, cakes, bread, cheese can be kept fresh and wholesome if wrapped in Para-Sani. Para-Sani will save many times its cost by preventing waste.

Para-Sani sent prepaid on receipt of Price & C.O.D.

1 lb. Roll with Roller Box.....\$2.50  
1 lb. Roll with Roller Box.....\$2.50  
1 lb. Roll without Box.....\$1.50  
1 lb. Roll without Box.....\$1.50  
1 lb. Roll without Box.....\$1.50

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Barristers, Solicitors, Notaries  
MONEY TO LOAN.  
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Provincial Auctioneer.  
Years of experience in Farm and Livestock Sales.  
G. TOXLEY of Crockett will help you with your listing. He knows the business.

**R. M. of Coliholme**  
The 8th meeting of the above council was held in the Coliholme schoolhouse, on Saturday, Nov. 2nd.  
Members present: Messrs. Falconer, Key, Marr, McLennan, Harrington and Hittle.  
Minutes read and adopted.  
Marr, that notice re Spanish influenza be published in next two issues of the Chinook Advance and Youngstown Plaindealer.

Harrington, that Messrs. Key and Marr see health authorities in Chinook, and Messrs. Falconer and McLennan see those in Youngstown, with regard to co-operating with them in dealing with the present flu epidemic.  
Falconer, that the Dept. of P. Works be requested to re-survey that portion of the new road between the n.w. and the s.w. qrs of 17-26-9 4, so as to have half of this road on each of these qrs, this re-survey having been made necessary by a recent change in the dominion survey between these quarters.  
Marr, that with regard to the proposed new road between sections 17 and 18 and 20 and 19, in twp 28-8, and sections 13, 14, 15, and 22, 23, 24 in 28-9, the council accept the land required for this road upon the terms specified in the preliminary agreements duly signed and now on file. These terms are as follows:  
N.e 17-18-8, \$25 for moving fence  
S.e 20 28-8, F. H. Sayers, land free  
N.w 17-28-8, W. McLennan, land free  
S.w 20, Clem Sullivan, land free  
N.e 18, J. J. Hettler " "  
N.w 18, P. G. Hettler " "  
N.e 13-28-9, " " "  
N.w 13, F. C. Patterson " "  
S.e 24, Geo D. Forbes, " "  
S.w. Alex McLennan " "  
S. hf 25, John McLennan " "  
S.e 22, Mrs K. Ohlsen, land \$20 an acre  
N. hf 15, O. C. W. Williams, land free,  
and fence moved free on condition that council put in a bridge and grade two sloughs on road south of this section.

Marr, that Mr Hittle see about arranging for the arbitration of the value of the land taken for this new road from the n.e 14-28-9, owned by Mr C. F. Patterson, and n.w 14-28-9 owned by Thos O'Connor, and s.w 22-28-9 owned by W. A. Mitchell, with a view to expropriating same, as provided for in Subsection 10 of Section 196 of the Municipal District Act.  
Following accounts were paid:  
J. R. Miller, sup for car 61.75  
C. A. Holden, weed inspect 75.00  
W. Stephenson " 150.00  
J. D. McLean " 150.00  
T. E. Misner " 75.00  
W. D. Forbes, sup for car 41.40  
J. T. McPherson, seed 80.00  
West Muni News, supplies 68.00  
Lorne Proudfoot, salary 250.00  
" postage 28.80  
J. B. McLean, labor div's 4.60  
Imperial lumber Co 19.25  
O. F. Dunford, gopher poi 6.00  
L. W. Rosenkrans, road wk 1.50  
" attend C. Ray 42.00  
R. D. Vanhook, draying 15.30  
A. Pihlaja, sup cook car 2.50  
H. J. Zehren & Sons " 12.25  
Jas Rennie, wood evener 4.00  
R. S. Woodruff, on ac 18.75  
A. Pihlaja, dest weeds 42.00  
A. Stephenson " 7.50  
Thos J. Cochran " 8.00  
" " 8.00  
Robinson Bros, blk work 19.25  
M. A. McTavish " 11.60  
H. Lockstidt " 1.25  
Isaac Loughheed " 50  
Geo Dewey, rent of car 20.00  
J. M. Turnbull, hauling 25.00  
Frank Sayers, road work 16.00  
Horace Dunster " 6.00

## Horse Blankets!

We have large assortment of heavy duck and jute blankets which are just the thing for threshing

We do Repairing of all kind

## Chinook Harness Shop

**S. H. SMITH,**

Proprietor,

Old Massey-Harris Building  
Opposite the Hotel

Chinook

### Under New Management

## Chinook Livery and Feed Barn

First-class Teams and Rigs.

The best of Hay ALWAYS

### Draying in connection

Our Motto—"Service"  
Give us a call

**R. D. VANHOOK, Prop'r**



**J.M. DAVIS**

## PROVINCIAL AUCTIONEER

Is prepared to conduct all kinds of auction Sales. Terms moderate

CHINOOK.

Dates can be made at this office

### KNIGHTS OF PYTHIAS

CHINOOK LODGE, No. 40, meets on the First and Third Thursdays of every month in their Castle Hall, Arm's Block, Chinook.  
Visiting members are cordially invited to attend.

E. R. Dell, C.C.  
C. E. Neff, K.R. & S.

**M. L. CHAPMAN**  
Chinook, Alta.

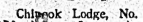
### GENERAL DRAYING

All orders promptly attended to  
Office: Opp. Crown Lumber yard

**B. W. BOYER**

### LICENSED DRAYMAN

All kinds of Draying promptly attended to.  
Office at Feed Barn, opposite Crown Lumber Yard



Chinook Lodge, No. 113, meets Monday, at 8 p.m., in Arm's hall, Chinook. Visiting members are cordially invited.

N. Kerry, N.G. F. Boyer, R.S.

# EPIDEMIC INFLUENZA

## Instructions Regarding Care of Sick Persons.

Since Thousands of People are Nursing Influenza Patients in the Province the following Instructions will be of value

1. Fresh air is the most essential requisite to the comfort and well being of patients, no matter how ill.
2. Rest in bed for three days after fever has gone, is urged to prevent complications.
3. Pneumonia cases should not be kept in the same room with uncomplicated influenza cases.
4. Nourishing food at regular intervals.
5. Plenty of water or lemonade.
6. General unworried service. (Avoid chattering, nagging or questioning. Anticipate wants of sick patients; convalescents usually ask for what they want. Keep the patients in isolated room, in separate beds. Keep patients in bed all the time. (This means patients must not get up to go to bath room). Two or three pillows arranged step fashion, the lowest well under the shoulders, will make breathing easier. Keep the arms and shoulders well covered. Ventilate the room freely. At the outset, headache and backache are frequent. Cold cloths (moist but not dripping) to the head, changed frequently, give some relief.

Avoid anything that might cause the slightest chill.

Care of Mouth. A mouth wash every few hours and cold cream to the lips help to keep the mouth in a normal condition.

If the patient is extremely weak, swab the teeth carefully with moistened cotton applications three times daily.

Cough. Patient should keep mouth covered when coughing. Paper napkins or three thicknesses of toilet paper used only once, are safer and better than rags or handkerchiefs. Keep a small paper bag pinned to bedside, within easy reach of patient's hand, to receive the used napkins. Change bag at least twice daily, or whenever it becomes half full.

The invisible spray from the mouth and nose during coughing and sneezing is as dangerous as visible expectoration. Convalescent patients can be masked; weak patients are annoyed by them.

Food. For the unhappy, feverish patients, liquid diet, hot or cold, as preferred, milk, lemonade, weak tea and coffee, broths. For convalescent patients not feverish, soft diet, gruels, cooked cereals, milk toast, jellies, soft boiled eggs, etc.

Food may be kept warm in a thermos bottle.

All patients should drink some water every hour when awake.

Precautions. All mouth washes, bathwater, exeta, and uneaten liquid food should be thrown into the toilet by the attendant.

All bags, napkins, scraps of uneaten food, mouth swab, etc., should be wrapped in clean newspaper before being carried to the kitchen to be destroyed by burning.

All linen, sheets, masks, towels, etc., should be submerged in a large kettle of cold water in the sick room, or put in a pillow slip, or laundry bag. This can be safely carried to the kitchen stove, and when contents have been boiled five minutes anyone may finish caring for the linen. When attendant cannot stop to wash her own hands, door knobs, faucets, etc., should be protected by scraps of newspaper, which may be destroyed after each using. Attendants must be constantly masked, must wear big all-over aprons in sick room, changing it to a different one always before entering any other part of the house. Attendants must keep facilities for washing her own hands, soap, nail brush and paper towels, in clean place and never touch the patient or patient's utensils without afterward cleansing her own hands thoroughly. Running water is better and safer than a basin of weak disinfectant kept for the hands alone.

Everything used for the patient should be kept separate from the supplies for the rest of the household. This means dishes, bed linen, bath wraps, towels, face cloths, rocking chair, etc.

Families can help visiting nurses and aids by having hot water, towels and newspapers ready when nurses are expected.

## Provincial Health Department

Pay sheet	48.00	Stimson	200.00
Ralph Newgard, balance	18.00	Clover Leaf	300.00
" land for div	11.10	Crown Lumber Co	125.95
" des weeds	5.60	Falconer, that amount paid to day for destruction of noxious weeds be applied as taxes against the following lands:	
G. G. Horsman, drag road	54.00		
Pay sheet 28-8	201.50		
Beaver Lumber Co, coal	7.05		
Pay sheet, Jas McNabb	150.00	s w 30-27-8 4	42.00
Jas Young, seed	50.00	s h 25-26-9 4	7.50
Heathdale S.D	200.00	s w 21-26-7 4	8.00
Coliholme	275.00	n e 35-26-7 4	8.00
Crocus Plains	100.00	s e 32-26-9 4	5.00
Neilville	100.00	Lorne Proudfoot, Sec. 7-Tres	

For  
**Loans & Insurance**  
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**JAS. RENNIE**

The best companies and most liberal terms



### SYNOPSIS OF CANADIAN NORTH-WEST LAND REGULATIONS

THE head of a family, or male over 18 years old, may homestead a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta. Applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made at any Dominion Land Agency (but not Sub-Agency), on certain conditions.  
Duties—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 85 acres, on certain conditions. A habitable house is required, except where residence is performed in the vicinity.  
In certain districts a homesteader in good standing may pre-empt a quarter section alongside his homestead. Price \$2.00 per acre.  
Duties—Six months' residence in each of six years after earning homestead patent: also 50 acres extra, cultivation. Pre-emption patent may be obtained as soon as homestead patent, on certain conditions.  
A settler who has exhausted his homestead right may take a purchased homestead in certain districts. Price \$500 per acre. Duties—Must reside six months in each of three years, cultivate 50 acres and erect a house worth \$2500.  
The area of cultivation is subject to reduction in case of rough, scrubby or stony land. Live stock may be substituted for cultivation under certain conditions.  
W. W. CORY, C.M.G.  
Deputy of the Minister of the Interior.  
N.B.—Unauthorized publication of this advertisement will not be paid for.—5438



## BRITISH VICTORIES ARE CHEERED BY PUBLIC UNTIL FORBIDDEN

NORWEGIANS ARE HAPPY OVER DEFEAT OF HUNS

People Have Suffered Much and Half of Norway's Original Fleet Has Been Sunk by German Submarines—Two Million Tons Of Shipping Placed at Service of Allies

The Norwegian public is following with outspoken delight the victorious advance of the allies. "Splendid news today," means as a matter of course an allied victory. The press no longer pretends to be neutral, as the Germans long ago violated Norwegian neutrality by murdering Norwegian sailors, by bomb explosions, and by fires.

In the first days of the advance the "Marsellaise" was sung demonstratively in the music halls, and British victories were cheered. By the public until it was forbidden under penalty of fine to speak English in the buses and in the railways and restaurants. On the national day the annual flag procession of all the school children, when passing the British consulate, burst out in cheers, and the teachers were unable to stop them.

It is proof of the solid sympathy for the allies that Norwegians have been able to withstand the overwhelming propaganda from the German side. The German newspapers and press correspondence from Berlin arrive here two days, while the British newspapers and letters from London journalists do not arrive here until three, four or five weeks after they have been posted. The German propaganda had actually succeeded in making the people here believe that the Americans could not arrive in time to prevent the defeat of the allies. The marvellous sight of an American army carried across the Atlantic undisturbed by the U-boat war has raised a new spirit of enthusiasm.

The Norwegian people generally have suffered much during the war. It is true that some people have gained millions, and wages have been raised for all classes, but the prices of living have risen correspondingly.

Norway may claim to have done two great things for the allies. She was at first a great help in keeping Sweden from joining Germany, and she has, at the most critical time of the U-boat war, when even America stopped her ships from leaving the harbors, placed about 2,000,000 tons of shipping at the service of the allies. Almost all of Norway's products, consisting of fish, minerals, and nitrates, are exported for the allies, in return for coal and food.

Many people here think that Norway in this way has served the right cause better than if she had joined in the war, as that might have complicated the situation.

Half of the original Norwegian fleet, with 1,100 sailors, has been sunk by German submarines. The press says openly that the purpose of Germany in torpedoing neutral ships, regardless of their cargo and destination, is not the starvation of England, as alleged, but is aimed at the direct destruction of neutral shipping to make her own mercantile fleet more valuable after the war. It is felt here that stronger measures should now be taken for the self-defence of Norway against the wilful destruction of her mercantile fleet by the German U-boats.

### The Horror Of Flame Throwing

Common Addition to Soldiers' Burdens

Although British flame throwers are used both in practice and in action, we have shrunk from their general employment. The best will carry more than one hundred yards, emitting a scarlet flame of great breadth and height, so hot as to char even a stone and grassless surface. But the favorite German flame thrower is much smaller and is handled. Its range is short, but it has an equally destructive flame. The instrument has been manufactured in great quantities, and is now a quite common addition to the soldiers' burdens. The bearer needs take extra dose of courage—if he is hit by a shell, he is instantly calmed—and in the case of the larger machines, the effect of a shell is much the same as if a dump were hit.

And the danger begins even earlier than this in the history of the flame thrower. The most pitiful of all the letters read during the war was the account given by a German mother of how certain girls of their little country town had been shivered to cinders owing to an accident in the "fire making factory." Throughout the letter ran, like the motif of a Greek tragedy, the continuous note of terror lest lawless vengeance prepared against others even during peace should inevitably devour its authors.

### Why Britain Is Short of Coal

Winter Will Not Be Passed Without Suffering

There will not be enough coal in Great Britain to heat the houses of the people during the coming winter. The announcement is made by the London Daily Chronicle not in a spirit of complaint, but merely as an unpleasant fact. "Nobody will have enough coal," is the conclusion of the whole matter. Even the ration-form, it is said, is no guarantee that the coal allowed to each individual will be available.

The reasons for this shortage are varied but unanswerable. The army has taken 75,000 men from the mines, and those who remain will not work full time. Moreover, they refuse to work beside German prisoners, who otherwise might be employed as a make-shift labor supply. France requires more coal than usual, since the spring offensive of the Germans captured the only coal areas left for French use. Last year the total allotment in France was 1 1/2 tons a year per household. The need in Italy is even more desperate, and the trading ships which carry the contents for coal. Moreover the new American army must be kept warm and provided with cooking fires. Great Britain must supply the coal for these two millions.

It is not expected that the winter will be passed without suffering, but the minimum of distress will be experienced by a careful and accurate observance of the regulations of the fuel controller. Canadians take of a coal shortage when 70 per cent. of the peace-time allotment is available. Let them think of the peasants of the Vosges with less than 2 tons a year for each household—and that not comparable in quality to Pennsylvania anthracite. Toronto News.

### A Typical German Trick

If proof were wanting of the diabolical methods practised by the Germans in destroying villages and towns by mines, poisoning rivers and wells and generally making life impossible for returning refugees, it is found in a document which has just fallen into the hands of a French divisional headquarters. This document concerns the 108th Battalion of German infantry, and bears the date Sept. 5, 1918. The first part deals with the systematic destruction of barracks, gunpits and dugouts abandoned in retreat. Further on it orders the 27th and 50th German regiments to destroy the villages of Villeneuve, Hautmont, Lesnesme, and others. Then it deals with poisoning wells.

"You men make a lot of work," "What is the matter, love?" "You keep me busy sewing buttons on your vest!" "Well, dear, you feed me so well," was the diplomatic husband's response.—Ottawa Journal.

### The Canadian Shock Troops

Worth of Men Has Been Recognized and Honored

Until recently, little was heard of the work of the Canadian troops in France since the beginning of the great German drive last March. Little was heard, and perhaps little was enquired. To the average Canadian father and mother, it was enough that lists of casualties during the last summer were not pouring in as rapidly as heretofore. All through our attention has been mainly directed to the physical safety of our boys rather than to what they might be accomplishing.

We do not think this attitude would be appreciated by our soldiers. They are not allowed to tell us in their letters what they are doing, but that does not mean they are not intensely interested in their work and wish us to be heart and soul with them in it. We must remember that what are to us unimportant details of battles, of seemingly unimportant skirmishes are life and death events to them, in which their complete interest has been centered, as well as their lives endangered.

We owe it to the soldiers who have given us a name and place among the nations of the world, second to none, to respect their work by as complete an understanding of it as we can gain.

As a matter of fact, the Canadian section of the front was attacked last March in the great drive like all the other sections. But our own gallantry was so severe the Germans found it irresistible and desisted.

After this the Canadians were removed from the front line altogether, it seems, and given a special training in "shock tactics" to be used in the next German offensive. General Foch's offensive, when that should arrive.

It arrived now, and that is why we read lately, first, of the Canadians with the Australians alongside them, driving the Germans back near Amiens, and then of the Canadians' work accomplished by either the enemy or the allies, since the war began. Then, again, of the Canadians being moved to form the centre of a new attack south of Arras, where they have succeeded in penetrating the German lines.

It is not necessary to have given us the stop to remember, it has been very much this way during the whole war. The Canadians have been in the forefront, at fatal and dangerous Ypres, at Courcellette, at Vimy Ridge and Hill of the Passchendaele, and in memory—the Canadian was put at the front of all.

This does not mean, as a few have tried to insinuate, that the British have let the Canadians, and particularly the Canadians, to do their dirty work on the contrary they have given us the place of greatest glory. In the same way that the German high command has allowed the Crown Prince the honor of striking all the great blows (only in their case the Crown Prince has seemed incapable) just so the English have honored our handful of Canadians.

They saw the Canadians were used to facing great odds, handling themselves in emergencies, tackling big works of all sorts. Not for nothing were the frontiers of the Great North, wilderness of square miles of new land, builders of continental-wide railroads, and the Lawrence bridges. The worth of our men as storming troops has been recognized and honored.

We have been the British what they always lacked, and the French had the dash for a brilliant attack. But Tommy Atkins, like the old "Blighy," is as ever the staying power. We win by a dash he holds with the unyielding grip of a bulldog.

He sits tight about our little band of shock troops, supporting, financing, organizing, protecting, praising to the last notch, and solidifying the situation for the allies all over the globe. And for every home with blood on the lintel in Canada, there are one hundred homes that mourn in England.

It now appears quite certain that both the Germans and the French are making extensive and regular use of aerial nets to bag enemy night raiders. Some time ago the use of captive balloons and aerial steel nets was reported as being tried by the Germans, in an effort to capture British airmen. More recently reports have come from France, telling of the use of aerial nets at certain points which are frequently passed by the methodical German raiders. Indeed, it is even said of these nets that the German airmen, fearing nothing so much as an encounter with the slender steel web in the blackness of night, have been greatly discouraged in their work. On the other hand, a recent item in L'Aerophile tells of the duties of the day because you lack the energy to take hold and clean them up.

It is evident that you must have help to overcome this condition, and there is nothing so sure to befriender you as Dr. Chase's Nerve Food.

For your protection the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, are on every box of the genuine Dr. Chase's Nerve Food. 50c a box; 6 for \$2.75, all dealers, or Edman-son, Bates & Co., Ltd., Toronto.

## ENEMY COMMAND HAS 600,000 FEWER MEN THAN IN APRIL LAST

MAN-POWER AT KAISER'S DISPOSAL IS DWINDLING

Germany Has To Select Her Recruits From the Physically Inferior Classes To Send Against America's Hundreds of Thousands of Fresh Young Fighting Men

### British Inventive Genius

Nation Has Right to Be Proud of What Has Been Accomplished

Lord Sydenham, in opening the British Science Products Exhibition at King's College, Strand, London, recently said that when the war broke out Great Britain was in more danger than it realized, and perhaps that was as well. Our army had proved its worth, and our navy had been our salvation.

Looking back at our disadvantages at the start, the nation had a right to be proud of what had been done. The deadly blow has just been struck at the enemy which made victory almost certain. The four years' struggle has developed into a mighty engine of offense, and he believed that they would before long take the war into the very heart of Germany. Yet on the outbreak of hostilities we were worse prepared with industries necessary to supply our food, our clothing, our shelter, and than ever before. Germany had deep design, penetrated into our whole commercial system and obtained the control of most of our key industries. The country awoke to that fact, and now we could fairly say that there was not a single branch of the industry of our country which we could not beat Germany. We must take care that our key industries are never again surrendered into the hands of foreign nations.

England had never been lacking in inventive power, but Germany had turned out science to the fullest possible account while we had failed to apply it to our national advantage. The result of our experience would show us that we really stood in the van of scientific progress, and our advantage would be maintained and secured.

On the whole western front Germany has 204 divisions, which are equipped with 15,000 by the most heroic efforts, combining out the civilian workers, etc. This totals 3,000,000.

One may take the well-known trench war in April and May, 1918, and add the total of nearly 2,000,000 Americans in France to see what a preponderating strength of man-power the allies have, or have, as soon as the Americans are in fighting trim.

Just before the war began the western front, 114 are in the line, thirteen have had a month or more of rest, and 71 are in the back areas being trained for the front. There are perhaps 20 of these 71 divisions in shape to be thrown into the fight at a pinch.

Of the thirteen reserve divisions that are in good shape, three are rated as first class, six second class, two third class, and two fourth class. All the divisions on the western front have been engaged in battle since July 15.

Of the 114 divisions in the line, the seven Crown Prince divisions, Rupprecht has 32, that of von Boehm has 32, and the Crown Prince of the von Gallwitz has 12, and Duke Albrecht has 12.

General Pershing's Pig

The French papers delight in anecdotes of the good relations between the U. S. soldiers and the peasants. One of these stories, which has been widely reprinted, is printed this week. "A big military automobile tore through a village on its way to a United States camp," says a Lyons paper. "Unfortunately a pig belonging to an old peasant woman strayed into the path of the car and was killed. The old lady was heartbroken. But a few days later a letter came for her enclosing a check for 100 francs, saying how sorry the writer was for the death of her pig."

The signature was that of Gen. Pershing.

Kaiser's Trip to Paris

It might be mentioned here, says a U. S. trench paper, that Private Walker has quoted Bugs Baer as having once said that the Kaiser is so busy that he has never had time to get a round-trip ticket to Paris and used the last half first and still has the first half.

### Cabot and the Murman Coast

Was Reached by Explorers in Sixteenth Century

The landing of allied troops on the Murman Coast would have greatly interested the seamen of the sixteenth century, when so many attempts were made to reach the northeast passage to Asia by rounding the north coast of Norway. After several futile expeditions, however, Sebastian Cabot promoted a movement which eventually resulted in the despatch of a ship with more than one hundred men, in May, 1553. Sir Hugh Willoughby, to whom was entrusted the command of the expedition, was killed on the coast of the White Sea, and eventually landed at a suitable place on the Murman coast. He was buried there, but he and his men succumbed to the Arctic conditions. However, another member of the expedition, John Davis, who had been separated from the others, finally landed on the shores of the White Sea. Arrived, he understood. From that place he actually went to Moscow, returned to his ship and eventually returned to England. Chancellor endeavored to repeat his Russian trip, but perished by shipwreck on the return journey.

"A woman can't keep a secret," snarled Mr. Gabb.

"She can't," replied Mr. Gabb. "Why, you poor fathead, I knew that you were engaged to me six months before you knew it."—Ottawa Journal.

If you would thoroughly know anything, teach it to others.—T. J. Edwards.

THE MAKING OF A FAMOUS MEDICINE

How Lydia E. Pinkham's Vegetable Compound Is Prepared For Woman's Use.

A visit to the laboratory where this successful remedy is made improves the cause looking on with the reliability, accuracy, skill and cleanliness which attend the making of this great female medicine.

Over 350,000 pounds of various herbs are used annually and all have to be selected with care for their medicinal properties and their natural juices and medicinal substances are at their best.

The most careful solvents are used to extract the medicinal properties from these herbs. Every ingredient and tank that comes in contact with the medicine is sterilized and as a final precaution in cleanliness the medicine is pasteurized and sealed in sterile bottles.

It is the wonderful combination of roots and herbs, together with the skill and care in its preparation which has made this famous medicine so successful in the treatment of women's ailments.

The letters from women who have been restored to health by the use of Lydia E. Pinkham's Vegetable Compound which we are continually publishing attest to its virtue.

W. N. U. 1231



GOOD HEALTH is as necessary to the winning of the war as good guns, good shells and good airplanes.

And it is not alone the health of the soldier that is important, for this is watched and guarded as never before. But there is the health of the people at home, who are manufacturing and sending forward the supplies which make it possible to continue the fight.

Men and women have never in the world's history carried such mental and physical burdens as they do today.

From Ministers of State, Commissioners, Manufacturers, all the way through the enormous staffs of men and women workers, there are problems to be solved and schedules to be lived up to that mean enormous anxiety and strain on the nervous system.

It is under these conditions that many resort to the use of narcotics to produce sleep or stimulants to whip up the tired nerves. In either case the temporary help is obtained at an enormous expense to the nervous system.

The only rational treatment is that which goes to build up new nerve cells

and new nerve force, and supreme in this class is Dr. Chase's Nerve Food.

Most people know about this food cure, but all do not realize that it has revolutionized the treatment of diseases of the nerves by the new idea of supplying to the blood the elements which go to the creation of nervous energy and vigor.

The most common indications of nervous exhaustion are inability to sleep and rest, failure of digestion and loss of appetite, nervousness and irritability. You arise tired in the mornings, and are easily annoyed over little things. You put off the duties of the day because you lack the energy to take hold and clean them up.

It is evident that you must have help to overcome this condition, and there is nothing so sure to befriender you as Dr. Chase's Nerve Food.

For your protection the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, are on every box of the genuine Dr. Chase's Nerve Food. 50c a box; 6 for \$2.75, all dealers, or Edman-son, Bates & Co., Ltd., Toronto.

### Aerial Nets to Snare Planes

German Raiders Fear Encounter With Nets

It now appears quite certain that both the Germans and the French are making extensive and regular use of aerial nets to bag enemy night raiders. Some time ago the use of captive balloons and aerial steel nets was reported as being tried by the Germans, in an effort to capture British airmen. More recently reports have come from France, telling of the use of aerial nets at certain points which are frequently passed by the methodical German raiders. Indeed, it is even said of these nets that the German airmen, fearing nothing so much as an encounter with the slender steel web in the blackness of night, have been greatly discouraged in their work. On the other hand, a recent item in L'Aerophile tells of the duties of the day because you lack the energy to take hold and clean them up.

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## Let Cuticura Save Your Hair

On retreating, comb the hair out straight, then make a parting, gently rubbing in Cuticura Ointment with the end of the finger. Anoint all parts until the whole scalp has been treated. The next morning shampoo with Cuticura Soap and hot water.

Sample Each Free by Mail. Address postcard: "Cuticura, Dept. W, Boston, U.S.A." Sold by dealers throughout the world.

## Accidents Frequent In Old Country

One Death for Each 116,200 Miles

Members of the royal flying corps in Canada average only one fatality for every 116,200 miles they travel, according to official figures made public by Major C. A. Hargrave, in charge of Winnipeg district. In all Canadian flights have totalled 813,960 miles, a distance equal to 34 times around the globe.

In England accidents are far more frequent, these figures show. For the purpose of comparing statistics, the total number of flights and casualties throughout the entire royal air force, during a certain period, were obtained. Similar statistics were obtained from training squadrons operating in England. In the royal air force in Canada, there were 36,253 flights, with 13,566 hours flying, during which time there were 39 crashes, 36 of which were admissions to hospital. The English statistics give 9,000 flights, with 4,800 hours flying, during which there were 38 crashes, 16 of which were admissions to hospital.

## Mobilizing Woman Power

Will Need 2,000,000 to Take Place of Men

It is estimated that 600,000 women have so far in the war-displaced men in American industries. This is a small number compared with the 538,000 women of Great Britain who are engaged upon war work. It is a very many army, compared with the 8,000,000 who would have to be enlisted for the industries if we maintained the British proportion. Before the middle of next summer, the war women must be mobilized to take the place of men, or there will be a slump in the manufacture of war material. The draft of the 21-31s continues to strip factories of needed workmen. The new draft will take thousands more men. At the same time, the newly built plants for munition making are finished, and ask for their quota of wage-earners. . . . Manufacturing, mining, transportation—they are all speeding up. . . . There is only one way out, and it is difficult. The reservoir of feminine energy must be tapped. . . . The federal government ought to begin at once to make it clear to every one that women must be leaned upon to make the industries go, to arrange for their serious maintenance. To place them where the war boards think they ought to be.

Howell—You think you are pretty sharp. Powell—I'm sharp enough to cut your acquaintance.



When the morning cup is unsatisfactory

suppose you make a change from the old-time beverage to the snappy cereal drink

**INSTANT POSTUM**

You'll be surprised at this cheering, satisfying and delicious flavor. It's all health—no caffeine.

Try a Tin

W. N. U. 1231

## Machine Gun Nest Hidden in Cemetery

Germans Dig Out for Position Beneath Concrete Pedestal of Cross

In a cemetery near Limy, just within the German lines, previous to the attack of September 10, American troops have discovered a machine gun nest hidden beneath the concrete pedestal of a large cross. The Germans had dug in at the center of the foundation and constructed machine gun positions at three places facing toward the French lines. The cemetery is on a hill commanding a view of the country to the south, and the Germans assumed that if an attack were made the cemetery would not be subjected to artillery fire.

When the Franco-American offensive started the Germans held the machine gun nests in the cemetery as long as possible, but were compelled to retreat in haste before they could use the guns. So hurried was the enemy retirement that several machine guns were found in the cemetery by the allies. The cemetery was not hit by shells and the cross still stands.

## THE BUSINESS WOMAN

Today, more than ever before, is woman opportunity. Many new occupations are now opened to her, which she should take advantage of unthoughtfully. And truth to tell she has risen to the opportunity, and now shares many business responsibilities in formalities confined to men. But, as women are subject to more frequent fluctuations of health than men, and unless they begin early, if they regard their health requirements too lightly.

The nervous strain, long hours and prolonged mental or physical fatigue thin the blood and weaken the nerves. Such conditions as women are now called upon to undergo can only be endured by a full-blooded constitution. This is as true for men as for women. One weak woman is a poor sponsor. The woman worker, in any line, requires her blood replenished frequently. She needs new, rich blood to keep her health under the trying conditions of business life, and to fortify her system against the effects of overwork. This applies also to the woman in the home, who, perhaps, has more worries and anxieties than usual. So let all girls and women take lead and order their blood promptly at the first approach of pallor, lack of appetite, headache or backache. This can be most effectively accomplished by taking Dr. Williams' Pink Pills which make new, rich blood and thus help womanhood so perfectly. No woman need fear failure of health if they take these pills occasionally to keep blood and health in the best of order if they find themselves run down.

You can get Dr. Williams' Pink Pills through any medicine dealer or by mail at \$2.00 per bottle, or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

## Weeds for Hun Food

Luxury-loving German General Had Recipes for Soldiers' Mess

In Ersey, one of the towns captured, the German officers of his staff had a mess hall fitted out with fine furniture, a hotel range, fine china and silverware, which were all left behind. The officers of his staff had individual coffee cups with the Iron Cross and pictures of the Kaiser and Hindenburg on them. The silver forks with Hindenburg's likeness engraved on the handle had been used by the general. The general had electric lights and cutlery and an elaborate assortment of food. The taste of the flight is shown by the fact that he had a large number of beefsteak. In the office of this same luxury-loving general were found large numbers of letters, a pamphlet for distribution to the soldiers, telling how to use weeds for food. A long list of weeds is set forth as good enough for food. There was a recipe to make soup from nettles and salad from sorrel, and many other recipes of the same sort. At the bottom of the leaflet said the soldiers should develop the use of weeds for food, adding, "This will be valuable after the war."

Captured letters said the Americans were in the war as a sporting proposition, and regretted the picnic, and regretting they did not cast their lot with the Germans, and expressing wonder why Americans did not pick a winner and side with the Kaiser. One letter from an officer's wife took him to task for remonstrating with her for asking 700 marks for a new dress, saying that was the cheapest she could get under the prevailing high prices in Berlin.

In a captured document is a very formal note signed "William," calling on all good Germans to mourn for eight days the death of the brave and illustrious ally, the Sultan of Turkey.

**Aviators' Slang**

The British airman is an adept at inventing slang terms. The latest additions to the vocabulary of the R. A. F. are "to blind," is to dash along in a reckless, unscrupulous way; "to die" is to break down; "bunking" is shelling; "insurance agents" are enemy bombing planes; "a sack of severe vertical gusts" is the feeling that follows the explosion of a shell before one realizes whether it is high explosive alone or high explosive and gas mixed.

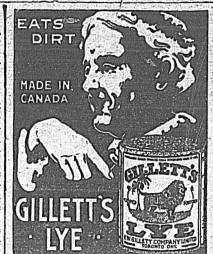
Not His Function

"I want to know," said the grim-faced woman, "how much money my husband drew out of the bank last week?"

"I can't give you that information, madam," answered the man in the cage.

"You're the paying teller, aren't you?"

"Yes, but I'm not the telling party,"—Boston Transcript.



## There Is No End To Giving

Stay-at-homes are Asked Only to Give Money, Not Their Lives

Is there no end to giving? There is not—until the great end. The best line that any advertiser in the United States has ever wrote was the line: "While some one gives his life, what are you giving? Think a minute."

What are you giving, you who run loose and go about your virtually undisturbed affairs? What are you giving when you think a minute of the fellows who fight Germans and cooties, rats and trench fever, gas and shrapnel, mud and filth, and endure atrocious suffering or miserable discomfort?

What have you given or what can you give? The demands upon your money do come rapidly. It is the way they have to come. It represents the pressure which must be put upon. Even this pressure is an indication of our own good fortune. You are here, being asked for your money but not your life. This is the way in which the loose coin of the nation is shaken out of its pockets. It is the way in which those habits are ironed out and community discipline imposed. From the Chicago Tribune.

## Doesn't Hurt A Speck Lifts Out Sore Corns

My, but it's glorious relief you get for a crusty old corn when you touch it with a drop or two of Putnam's Extractor. Mighty quick action on the corn, and it's all over in a minute. It's sure a regular cure-acts on a new principle—dissolves the calloused parts, shrivels up the corn so you can peel it off with your finger. No pain or soreness either when using or afterward. Putnam's is guaranteed to lift out your corns. Costs but a quarter at any drug store.

## South Africa's Fine Part

Not Limited to Achievements on Her Own Borders

South Africa has conquered more German territory than all the allies combined. German Southwest and German East Africa are huge areas of rich country, only lacking development. But South Africa's contribution to the war is not limited by her achievements on her own borders. She raised 40,000 troops for these campaigns, and sent 100,000 to other war theatres including Europe. She suppressed one rebellion of her own citizens and has put down another, going headway. She has built miles upon miles of new railways and now controls the second largest railway system in the world. She has become self-supporting in food and foodstuffs is unknown. Her exports to Great Britain of maize, wool and leather have grown enormously.—From the Vancouver World.

## Minard's Liniment Co., Limited.

Gentlemen—Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of rheumatism. I have frequently proved it to be very effective in cases of inflammation.

Yours,

W. A. HUTCHINSON.

## Didn't Need Telling

They were very fine pearls, but somehow Jones' friend seemed half-hearted in their appreciation of them. "Man," he cried, when Mrs. Jones had gone from the room, "why did you not tell me you had a pearl necklace for her birthday? Do you know that pearls mean tears?"

"Shouldn't I do?" was the answer. "She cried till she got 'em."—Montreal Herald.

## Warts on the hands is a disgracement that troubles many ladies. Holway's Corn Cure will remove the blemishes without pain.

## No Cane Sugar Permitted

All Iced Cake Must Come From Maple Tree

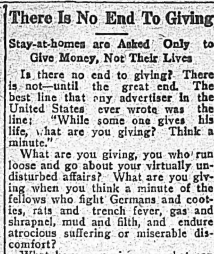
Time was when Canadian fruit cake, pound cake, layer cake, etc., was made "pound for pound." During the past few months confectionery manufacturers have been struggling with the problem of making first class cakes with only 60 per cent of sugar to the pound. Now the problem is intensified and they are ordered to make cake with only 40 per cent sugar.

Iceing cakes, as may be imagined, is a great source of worry. The few who are permitted to use maple syrup tops are made with maple sugar, for no cane sugar is permitted for this purpose. The Canadian production of maple sugar is limited, so the efforts on the part of the food board to increase the maple last season were of great importance.

It is estimated that the maple sugar made this season will be made next season if we are to have cakes at all in Canada!

## Allowances Made Equal

The anomaly which dates back to the days of Trafalgar, of paying the dependents of the man in the navy a smaller allowance than the relatives of men of similar ranks in the military forces, has been rectified. Hitherto the difference has been so fended by the admiralty authorities, one of the reasons given being the alleged greater chance of promotion in the navy. Public opinion has forced the navy authorities to give way, and in future Jack will be on a level with Tommy in regard to his wife's allowance.



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## There is Beauty in Every Jar

**MILK WEED**  
Ingram's Milkweed Cream  
FREDERICK F. INGRAM CO.  
DETROIT, MICH.

## Ingram's

Two Sizes—50c and \$1

## Milkweed Cream

Don't let your complexion get run down through lack of care.

The heat of the kitchen, the daily round of housework, the flying dust in the air all the time, as well as natural causes, will rob you of youth and attractiveness if you don't take care of your complexion. Use Ingram's Milkweed Cream. It is not only a remedial, therapeutic effect on the skin tissues. It cleans, softens and gives beauty and color to the complexion. Every woman suffers at times from oiliness and shyness of the skin.

**F. F. Ingram Company**  
Windsor, Ontario

## Deprived of Jam

People Waiting for New Scale of Prices

One thing that more than any other upsets the British breakfast table is the shortage of jam. The British digestion, and even shames the nation's belief that things are going on just as well as can be expected. It is the present shortage of jam. Many complaints that jam, though visible in the shops, is not purchasable, have been heard within the last few weeks. Would-be customers have been told that no more jam could be sold until the food ministry had announced a new scale of jam prices.

A large firm which has nineteen branch stores in London told its customers that it is receiving jam from wholesalers on condition that it be withheld from customers until new prices are fixed by the jam department of the food ministry, and requesting customers to satisfy their customers have been obliged to hoard their jam supplies in deference to the government.

The British public must console itself with the fact that a good supply of jam will be available as soon as the controlled prices are issued, and every household must do its best to put by home made jam for the certain time of shortage in the winter.

Minard's Liniment Cures Garget in Cows.

## Setting Traps

Necessary to Have Them Look Natural

In setting steel traps, great care is advised for one who learns to do this most neatly, leaving every thing natural is, as a rule, the most successful. One should always be certain to get the trap in the right position for to miss catching an animal not only means its loss for the time being, but many of them will become wiser from such experiences and their capture will be more difficult afterwards. The trapper is wise also who gives sufficient attention to the fastening of the trap, thus reducing the animal's chance of escape after it is once caught.

To properly set a steel trap on dry ground one should dig a "nest" for the trap, deep enough to allow the covering to be flush with the surroundings and just a little larger than, and of the same shape as the trap when set. This hollow should be lined with dry leaves or moss and the trap placed therein. One should always be set so solidly that there is no danger of it being tipped over, also to make the jaws set level, the spring should be twisted around towards the paw which is held down by the trigger or "dog." The trap should then be covered with some light, dry material in keeping with the surroundings, a few dead leaves or a sheet of paper being used first to prevent the covering from rolling under the pan and in that way prevent the trap from springing. Instead of doing this, some trappers place a bunch of cotton or dry moss under the pan but I do not think this advisable.

In all cases when setting traps at dens, on trails or at the entrances of burrows, the trap should be so placed that the jaws will be lengthwise of the animal's approach, so that it will step between the jaws and not over them. If the setting is reversed the rising jaw will sometimes throw the animal's foot out of the trap.—From Rep's "Science of Trapping."



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FREDERICK F. INGRAM CO.  
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## Milkweed Cream

A light touch of Ingram's Valerian Sovereign Face Powder (50c) will overcome this condition and also conceal the little imperfections of the complexion. Other Ingram toilet aids, including Zedania for the teeth (25c) at your drug store.

## A Picture With Each Purchase

Each time you buy a package of Ingram's Toilet Aids or Perfume your druggist will give you, without charge, a large portrait of a world-famous moulton picture actress. Each time you get a different portrait so you make a collection for your home. Ask your druggist.

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W. N. U. 1231





## Corsets!

We have just received a large shipment of Corsets. This is the well known D & A and Goddess brand, and their varying qualities are well known. These styles are the latest and strictly up-to-date

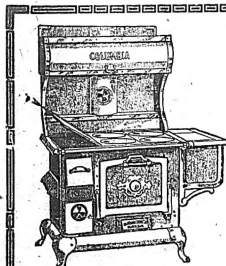
## Brasscenes

This is something new and will be pleased to show you.

## Silk Waists

Tuesday morning, we received shipment. Select your size and pattern before range is broken

**J. R. MILLER**



**The Stove Problem Solved**  
How many hours do you spend in the kitchen? Surely a good many when you get 1000 meals a year  
**Good Tools! Good Results!**

Every man and woman knows this is so. With these facts in mind you must agree that the Range is the most important item in your home.

**See our Columbia Range**

**Banner Hardware**

Every user of this Range is a satisfied customer  
"Yours for Service and satisfaction"

**At the Western Canada Flour Mills Elevator**  
**Car of Flour, Oat Chop, Barley Chop, Bran and Shorts**  
**HAS ARRIVED**

**Lump and Nut Coal on hand**  
**CALL AND SEE I. W. DEMAN**

## Storm Sash and Storm Doors!

Full assortment of stock sizes just arrived. Special sizes ordered on short notice

**Use storm Sash and Storm Doors and save fuel**

We also handle Beaver Board and Felt Papers

**Imperial Lumber Yards, Ltd.**

**R. W. HAMON, manager**  
Chinook, Alberta

**W. W. ISBISTER**  
**GENERAL BLACKSMITH**

Collets and Discs Sharpened.

Chinook, Alta.

Horse-shoeing and General Wood Work Repairing.

## Chinook Breezes

Barrister Ormond returned from Calgary this week.

W. Helden left last week for Victoria, B.C., for the winter, we understand.

Charlie Mah has purchased the lot north of Miller's store, and is erecting a new restaurant thereon.

Owing to the very fine weather up to last Wednesday, farmers have been able to work later on the land this year.

The first snow of the season in this district made its appearance on Wednesday of this week; it looks like real winter now.

The many friends of Mrs. R. Clarke Fraser, who has been suffering acutely from inflammation of the lungs, will be pleased to learn that from latest accounts she is slowly recovering from its acute stages.

## Shipping Orders are Off in Alberta

The Board of Grain Supervisors for Canada announce the cancellation of a previous order in so far as it refers to the restricting of shipment of oats, barley, flax and rye in the province of Alberta. The order restricting shipments of wheat on the Canadian Northern Railway from Sibbald to Hanna, both points inclusive, is also cancelled.

Another order by the board provides that the price of wheat for seed shall not be in excess of fixed prices excepting registered seed wheat; wheat grown from seed of recognized merit in respect to purity of variety, subject to permit being granted by the government seed purchasing committee, and wheat bought by one farmer from another for seed purposes which has not gone through an elevator or which has not been loaded on cars, either through an elevator or over the platform.

## NOTICE

VILLAGE OF CHINOOK

**PUBLIC NOTICE** is hereby given that a meeting of the Electors of the Village of Chinook will be held at the Secretary's Office, on Monday, December 2nd, 1918, from 8 o'clock p.m. until 10 o'clock p.m. of the said day, for the purpose of nominating candidates for councillors for the said Village of Chinook for the ensuing year.

Dated under my hand at Chinook, Alta., this 21st day of November, 1918  
**A. NICHOLSON,**  
Returning Officer

## Van Drivers Wanted

BY  
**Chinook Consolidated School**

Tenders will be received for the conveyance of pupils to Chinook Consolidated School on each of the following van routes:

No. 1—Route from Peyton's S.D.  
No. 2—West Route  
No. 3—North-West Route  
No. 4—North Route  
No. 5—Todd-Araby Route  
No. 6—Short-McIntosh Route  
Routes to commence Jan. 3rd, 1919 and to continue for one year.

Information regarding these routes may be obtained from the Secretary, to whom all tenders must be sent on or before Dec. 12th.

**LORNE PROUDFOOT, Sec.-Treas.**

## Teacher Wanted

Applications will be received by the Sec.-Treas. of Swan School Dist. till Dec. 10th for Teacher, at \$550.00 per year. Duties to commence Jan. 6th, 1919.

**MRS. J. ELLIS,**  
Sec.-Treas. Swan S.D., No. 3441  
Collinsville, Alta.

## For Sale

A 5-hole Moffat Nelson Range, with warming closet and copper reservoir, trimmed with nickel-plate; several White Wyndotte Cockerels from "Gilles strain" birds; two good Milk Cows

**J. H. BURY, s. hf 30-27-7**  
Collinsville P.O.

## IN THE MATTER

Of the Estate of JOHN BLOW, late of Chinook, Alberta, Farmer, deceased.

## NOTICE TO CREDITORS AND CLAIMANTS

**NOTICE** is hereby given that all persons having claims on the estate of the said JOHN BLOW, who died the 11th of August, A.D. 1917, are required to file with the undersigned Solicitors for the Administrator of her estate, by the 31st DECEMBER, 1918 a full statement, duly verified, of their claims and of any securities held by them, and after that date the Administrator will distribute the assets of the deceased among the parties entitled thereto, having regard only to the claims of which notice has been so filed or which have been brought to his notice.

Dated this 28th October, 1918  
**FORD, WRIGHT & MILLER,**  
Room 207-8 Alberta Corner,  
Calgary, Alberta

## TO THE RATEPAYERS OF THE MUNICIPAL DISTRICT OF COLLINSVILLE

## TAKE NOTICE

**THAT** the Councillor for your Division is the Local Health Officer for the Division.

You must notify him at once of any cases of Spanish or Epidemic Influenza, or other contagious or infectious disease in your home. All cases, or even suspected cases, must be reported. Ignorance of the nature of the disease will not be accepted as an excuse for neglect of the provisions of the law.

By order of  
**THE LOCAL BOARD OF HEALTH**  
M. D. of Collinsville  
**LORNE PROUDFOOT, Sec.**

## MONEY TO LOAN

Osler, Hammond and Nanton, general agents for North of Scotland and other Mortgage Companies have \$30,000.00 invested in farm loans in the West, the returns from which they re-invest in the same way. They have lots of money now. Their inspector, Mr. Stickney, who was in the district a few days ago, says "They have hundreds of money, and that no good loan will be refused."

Let them renew the loan you have on your homestead, and give you more on your pre-emption, give you money to prove it up if you wish. Or let them give you a new loan, as large, and probably larger, than you can get elsewhere. The district needs all the money we can get hold of in this way. Pay up your indebtedness to the bank, to the municipality, to the school, and to others. We can furnish the money. Loans for five years, repayable in three years, without extra charge. Interest at 8 per cent.—nothing but the interest to pay each year.

**LORNE PROUDFOOT,**  
Agent, Chinook

## CHINOOK MARKETS

Wheat, No. 1	\$2 00
" No. 2	1 97
" No. 3	1 92
Oats, No. 2, Canada West	82
Oats, feed	79
Barley	1.05
Flax	3 45
Corn	
Live Hogs (Calgary)	00 00
Eggs	50
Butter	45

## DR. A. T. SPANKIE

M.D., C.M.

**Eye, Nose, Ear and Throat**  
**Specialist**

OFFICE:

Suite 121-122, New P. Burns Bldg., corner 8th Ave and 2nd St. E.

CALGARY.

Phones: Office M2848, House M2077

Internes and House Surgeon Manhattan Eye, Ear, Nose and Throat Hospital, New York. City 1911-1914  
Specialist to Calgary School Board

## R. BRADLEY BUILDER

Barns, Houses and Bungalows a specialty

WOODRUFF'S

Just received a big stock of

## Alluminumware

Kettles for Preserving all sizes  
Fry Pans  
Potato Pots  
Basins

**See my window**

HARDWARE

## Chinook Garage

We carry a complete line of

**Tires and Tubes**

for all makes of Cars

Casings from 12.50, up. Tubes \$3.65, up

**Repairing of all kinds**

on Automobiles and Tractors

List your cars with us if you want to sell,

or see us for bargains in second-hand cars

Agent for the celebrated

**Maxwell Car**

with the world's record for durability and economy

**Everything for Autos. Free Air**

Work guaranteed.

Give us a call.

**C. R. BROWNELL, Prop**

Spend the Winter at the

**PACIFIC COAST**

Beautiful, busy cities, sports of every kind that you may enjoy as a spectator or a participant. Good roads, boat tours, and a mild temperature—all are awaiting there to give you vigor and a new understanding.

But "How to Go" is just as important as "Where to Go."

**The New Scenic Highway**

of the Canadian Northern is one of grandeur, and nowhere in the journey of 700 miles from the gateway to the Rockies, clear to the Pacific, does it grow monotonous or time hang heavily.

Best in equipment, dining car service, standard sleeping cars and newest in tourist cars and day coaches, electric lighted observation cars

Reservation and all information about Low Fares, etc., from agent.

**Canadian Northern Railway**

R. Creelman, Gen. Pass. Agent, Winnipeg

## BACK HOME FOR CHRISTMAS

A visit home is a big event in one's life at any season, but at Xmas—the one time of the year for a family reunion—the folks back East are most glad and anxious to see you. They build upon your coming the whole year, and as the time grows nearer, a great deal of pleasure is given both you and the ones back home out of a mere anticipation of it.

**Take a Vacation and Enjoy Yourself**

But your trip will not be complete without your ticket reading

**Canadian Northern Railway**

The Lake Shore Route—It has the finest attractions from a tourist's point of view

Liberal stop-overs, first-class tickets, choice of routes.

Excellent service, standard electric lighted trains.

Observation cars, Winnipeg to Toronto, best standard sleepers

Full information as to Low Prices, etc., from any agent, or write

**R. Creelman, Gen. Pass. Agent, Winnipeg**